

Who are we?

The Thirsty Scholar is nestled discreetly inside International Students House at 229 Great Portland Street – a stone's throw from Regents Park. It's a perfect spot to catch a coffee, meet up with friends after work for a drink or host a party. The cafe/bar offers a friendly and relaxed atmosphere for customers to enjoy a hot drink in the morning or a freshly baked pizza in the evening.

Our historic building also houses a vast, multi-function space for workshops, exhibitions, live music, and corporate functions. The Thirsty Scholar is also available for private hire. All profit generated from the bar and venue supports our charity and helps fund the educational needs of bright young people worldwide.
Feels good, right?

Opening hours

Tuesday	8am - 11pm
Wednesday	8am - midnight
Thursday	8am - midnight
Friday	8am - midnight
Saturday	4pm - midnight

We serve breakfast, lunch and dinner at the specified times highlighted within the menu

ALLERGIES AND INTOLERANCES

Whilst we take every precaution to reduce the risks from cross-contamination, please be aware that we prepare many of our products on-site. Ingredients used across our product range contain a wide range of allergenic ingredients, including, but not limited to, nuts, sesame, milk and gluten. Consequently, there may be traces of various allergens present across our product range.

Coffees



	<i>REG</i>	<i>LARGE</i>
Latte	3.50	4.00
Cappuccino	3.50	4.00
Americano	3.00	3.30
Mocha	3.80	4.50
Flat White	3.50	
Cortado	3.20	3.50
Chai Latte	4.00	4.50
Single Espresso	2.90	
Double Espresso	3.20	
Single Espresso Macchiato	3.20	
Double Espresso Mocchiato	3.50	

Teas

	<i>CUP</i>	<i>POT</i>
Earl Grey/English Breakfast/Peppermint	£3.00	£4.10

Hot Drinks

	<i>REG</i>	<i>LARGE</i>
Hot Chocolate	£3.50	£4.00
Chai Latte	£4.00	£4.50
Matcha latte	£4.20	£4.70

Alternative Milk/Syrup	£0.50
Extra Shot	£0.70



Iced drinks

Iced Americano	£3.50
Iced Latte	£4.00
Iced Chocolate	£4.00
Iced Mocha	£4.30
Iced Cappuccino	£4.00
Iced Chai Latte	£4.50
Iced Tea	£4.00



Breakfast

Full English

£8.40

Fried egg, 2 rashers of bacon, pork sausage, baked beans, mushrooms, grilled tomato, hash brown, toast of your choice & butter (762 kcal)

Vegetarian

£8.40

2 fried eggs, veggie sausage, baked beans, mushrooms, grilled tomato, 2 hash browns, toast of your choice & butter (866 kcal)

Vegan

£8.40

2 veggie sausages, baked beans, mushrooms, grilled tomato, 2 hash brown, toast of your choice & vegan spread (755 kcal)

Easy-To-Go Continental

£8.00

Pastry of your choice, yoghurt pot, whole fruit, orange juice, toast of your choice & butter.

Pastries

£2.00

Croissants (252 kcal)

Pain au chocolat (245 kcal)

Pain au raisin (321 kcal)

Fruit

Banana

Apple

Mandarines (2)

£1.00 each

Available Tuesday to Friday 8am - 10am. Please ask for allergy advice

Lunch

SOUP

Soup of the day with freshly baked bread (v) **£5.50**

Soup of the day with half filled baguette **£7.50**

MAINS

Chef's selection of hot dishes for the day *from* **£7.00**

SALAD

Build your own salad from the salad bar **£8.00**

CAKES

from **£3.20**

Available Tuesday to Friday midday to 2pm. Please ask for allergy advice

Lunch

HOT PANINI

£7.50

Served with crisps or side salad

Ham and cheese (590 kcal)

Tuna mayo and cheddar cheese (562 kcal)

BBQ pulled pork (653 kcal)

Grilled courgette, roasted peppers, sundried tomato pesto (vg)

FILLED BAGUETTE

Served with crisps or side salad

£7.00

Roast chicken, lettuce, tomato and mayonnaise (505 kcal)

Tuna mayonnaise with cucumber (433 kcal)

Carvery ham with Dijon mustard & tomato (582 kcal)

£6.50

Cheddar, mozzarella & tomato (v) (513 kcal)

Hummus, sundried tomato and roasted pepper (vg) (483 kcal)

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Burgers, hotdogs & sides

HOT DOGS

£8.60

Vegan (298kcal) or Hot sausage (369 kcal)
Loaded large bun with crispy onions and BBQ sauce

FRIES

Single £3.00/ Large £5.00

Skin on fries (317/1,130 kcal)
Sweet potato (265/969 kcal)

DIRTY THIRSTY FRIES

Single £4.80/ Large £8.00

Cheese & cheddar cheese sauce (436/1,147 kcal)

Burgers

Hand-pressed and grilled to perfection, served with salad garnish

The T.T.S

£9.00

Grilled quarter-pounder beef burger, iceberg lettuce, tomato, red onion and ranch sauce, toasted brioche bun (825 kcal)

VEGAN BURGER (vg)

£9.00

Vegan burger, iceberg lettuce, tomato, red onion and vegan mayonnaise, toasted vegan brioche bun (826 kcal)

HALLOUMI BURGER (v)

£8.60

Halloumi, red onion, iceberg lettuce, tomato and vegan mayonnaise, toasted brioche bun (826 kcal)

ADD

Cheddar cheese (167 kcal)

£1.20

Vegan cheese (115 kcal)

£1.20

Add a side of fries for burger or hotdog

£1.50

Available Tuesday to Saturday 4.30pm to 8.30pm, please ask for allergy advice



Pizza

Our house speciality, 12" hand stretched, sourdough pizza

BULL FIGHTER

£9.80

Chorizo, peppers, sun-dried tomato, chillies, tomato sauce, mozzarella (1,035 kcal)

PEPPERONI

£9.80

Pepperoni, tomato sauce, mozzarella, fresh basil leaves (830 kcal)

FLORENTINA (v)

£9.60

Spinach leaves, tomato sauce, free-range egg, black olives, mozzarella (786 kcal)

MARGHERITA (v)

£8.60

Tomato sauce, mozzarella, fresh basil (767 kcal)

HAM & MUSHROOM

£9.60

Serrano ham, field mushrooms, tomato sauce, mozzarella (843 kcal)

CAJUN CHICKEN

£9.80

Cajun chicken, sweet peppers, tomato sauce, mozzarella (878 kcal)

VEGAN DELIGHT (vg)

£9.60

Tomato, mushroom, pepper, black olives, sundried tomato, spinach leaves & fresh basil (490 kcal)

EXTRA TOPPINGS

£1.20

Extra cheese, rocket, mushroom, Serrano ham, chorizo, pepperoni, tuna flakes, mushrooms, parmesan shavings, smoked tofu, vegan cheese

Available Tuesday to Saturday 4.30pm to 8.30pm, please ask for allergy advice

Salads & light bites

Mediterranean Salad Bowl

£3.00

A large bowl of mixed leaves, tomato, pepper, onion & Italian dressing

Add

Falafel (300 kcal)

£3.00

Flaked tuna(87 kcal)

£3.00

Cut breast of chicken (155 kcal)

£5.00

Asian Sesame Salad

£7.00

Shredded chicken, crunchy slaw, romaine lettuce onion, sesame dressing (485 kcal)

Sweet Potato & Halloumi Wrap (v)

£7.00

Roasted sweet potato, grilled halloumi, spinach & tahini dressing (577 kcal)

Side Salad

£2.00

Mixed lettuce leaves, tomato, onion (84 kcal)

Loaded Nachos

£4.80 single/ £8.00 large

Nachos, cheese sauce, salsa, sour cream, guacamole & jalapeños (561/953 kcal)

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